

St Bernadette's Primary PE and Sport Premium Strategy

Academic Year 2024-25

Key achievements from academic year 2023-24 - The school spent its full allocation of sports premium

- Further promote the Milton mile to ensure consistency of participation
- Re-launch Bully Busters via application. Learning Mentor to train, support and monitor their work on playground
- Launch Forest School for new Y3 intake
- Train pupil Sports Leaders to support sporting events for younger pupils.
- Promote more dancing opportunities for pupils at lunchtime
- Organise increased opportunities for gardening across the school.
- Work with Fit4Kids to provide workshops and promote health, wellbeing and fitness
- Provide free access to physical, mental health support and access to weight watchers for staff
- Provide Cycling Proficiency sessions for new intake Y5/6
- Continue to run annual Healthy Community Week to promote increasing range of physical activity and link to benefits to mental health
- Continue to work with our Sports Coach and St Paul's and seek opportunities with additional external providers to develop staff skills and enrich provision during and after the school day
- Continue to provide annual girls' and boys' football festivals - run on Fridays after school rather than Saturdays to promote greater participation from other schools.
- Run 2-day activity sessions for Y6 pupils to expose to wider range of sports - including water sports. Rock UK
- Develop staff skills in teaching Sport & PE
- Continue to sign up to Boys' and Girls' Football Leagues
- Take part in all of the competitive events run by St Paul's, Catholic Sports' Day and Stantonbury Athletics competitions
- Run family fun run and sports days at school - involving parents and pupils

Areas identified for further improvement and baseline evidence of need: (for 2024-25)

In post-covid times at St Bernadette's, the ongoing need is to promote physical and mental wellbeing, reduce obesity and community cohesion. We experienced a range of sporting and competitive successes in 2023-24 and wish to continue with similar approach for 2024-25

- Train pupil Sports Leaders to support sporting events for younger pupils
- Pupil leaders to launch dancing opportunities for pupils at lunchtime
- Further promote the Milton Mile to ensure consistency of participation across all year groups
- Work with Fit4Kids to provide workshops and promote health, wellbeing and fitness
- Re-launch Bully Busters via application. Learning Mentor to train, support and monitor their work on playground
- Look into introducing some 'B Team' competitive events
- Launch Forest School for new Y3 intake
- Promote gardening across the school - allocate beds to each year group.
- Provide free access to physical, mental health support and access to weight watchers for staff
- Provide Cycling Proficiency sessions for new intake Y5/6
- Continue to run annual Healthy Community Week with a whole-school and family fun run
- Continue to work with St Paul's and MK Basketball Club and seek opportunities with additional external providers to develop staff skills and enrich provision during and after the school day
- Continue to provide annual girls' and boys' football festivals
- Run 2-day activity sessions for Y6 pupils to expose to wider range of sports - including water sports. Rock UK
- Develop staff skills in teaching Sport & PE via MKSSP training
- Continue to take part in Boys' and Girls' Football Leagues
- Take part in all of the competitive events run by St Paul's, Catholic Sports' Day and Stantonbury Athletics competitions
- Run sports days at school - involving parents and pupils

Details with regard to funding

Please complete the table below.

Total amount carried over from 2023/24	£0
Total amount allocated for 2024/25 (16K + £10/pupil Y1-6 in Jan 24 census – 345 pupils)	£19,450
Total amount of funding for 2024/25. To be spent and reported on by 31st July 2025. (Allocated Sports Premium PLUS allocated expenditure from school budget)	£42, 232 made up of £19,450 Sports Premium and £22,782 from the school's budget)

Swimming Data

Please report on your Swimming Data below.

Meeting national curriculum requirements for swimming and water safety	Percentage of pupils:
What percentage of your current Year 6 cohort swim competently, confidently and proficiently over a distance of at least 25 metres?	2024: 45% (2023: 51%)
What percentage of your current Year 6 cohort use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]?	2024: 58% (2023: 61%)
What percentage of your current Year 6 cohort perform safe self-rescue in different water-based situations?	2024: 90% (2023: 88%)
Schools can choose to use the Primary PE and sport premium to provide additional provision for swimming but this must be for activity over and above the national curriculum requirements. Have you used it in this way?	No

Action Plan and Budget Tracking

Capture your intended annual spend against the 5 key indicators. Clarify the success criteria and evidence of impact that you intend to measure to evaluate for pupils today and for the future.

Academic Year: 2024/25	Total fund allocated: £42, 232 made up of £19,450 Sports Premium and £22,782 from the school's budget)		Date: July 2024 and updated half-termly thereafter	
Key indicator 1: The engagement of <u>all</u> pupils in regular physical activity – Chief Medical Officers guidelines recommend that primary school pupils undertake at least 30 minutes of physical activity a day in school				Percentage of sports premium: 36 % (+ Sports Coach Deployment inc Key Indicator 3)
Intent	Implementation		Impact	
Your school focus should be clear what you want the pupils to know and be able to do and about what they need to learn and to consolidate through practice:	Make sure your actions to achieve are linked to your intentions:		Funding allocated: £7018	Evidence of impact: what do pupils now know and what can they now do? What has changed?: Complete at review points during academic year 2024-25
Pupils' ongoing cardiovascular fitness and endurance to improve and obesity measures reduce Playtimes to be opportunities for pupils to develop their knowledge and skills in a wide range of games and physical activity Children to learn outdoor forest schools skills delivered by a trained leader. Children to have	Further promote the Milton mile to ensure consistency of participation across all year groups Continue to carry out baseline assessment and analyse improvements in fitness/stamina through year. Re-launch Bully Busters via application. Learning Mentor to train, support and monitor their work on playground		Included in cost of Sports Coach (see KI 3) £1585	survey carried out w/c Oct 2024 – 90% of Y5/6 chn enjoy Milton Mile. They recognise the benefits – eg, 'It gets my brain going', 'it helps me to be energetic', 'it helps me by getting my body ready for learning' 'it helps me get faster and faster every day' 'it cools my nerves down' Children understand the positive impact of the Milton Mile and many have taken part in additional running clubs offered. Continue to provide both for 2025-26 with a renew/relaunch assembly for Milton Mile. Bully Busters have been a valuable and positive resource in promoting positive play. New round of applications

<p>an appreciation and wide experience of outdoor activity within nature</p> <p>Pupil Playtime and Sports Leaders will develop their leadership skills in addition to developing their own skills and those of other pupils in the activities they are leading</p> <p>Pupils' physical and mental health promoted through gardening with appreciation of healthy eating and concept to 'seed - to - plate</p>	<p>Launch Forest School for new Y3 intake</p> <p>Train pupil Sports Leaders to support sporting events for younger pupils.</p> <p>Support pupil leaders in promoting dancing opportunities for pupils at lunchtime</p> <p>Organise increased opportunities for gardening across the school.</p> <p>Work with Fit4Kids to provide workshops and promote health, wellbeing and fitness</p>	<p>£3,537</p> <p>£99.19</p> <p>£1000</p> <p>Fit4Kids £797</p>	<p>Bully Buster applications received and new team members presented themselves in assembly 7/10/24 Dec review: Bully Busters active and positive presence on playground.</p> <p>Autumn 2/Spring 1 – Forest Schools sessions up and running</p> <p>Spring 1 – Nominated Y5 pupils taking on role of refereeing the younger children’s lunchtime basketball games.</p> <p>Fit4Kids – sessions for each year group across the school 26/09/24 – very well received. Focus on healthy food choices and effect of physical exercise</p>	<p>and relaunch for 2025-6</p> <p>Forest school has taken place consistently for Y3, children have been very positive and benefited in their appreciation of nature and outdoor environments – plan to continue this provision for new Y3 cohort 2024-15</p> <p>Children have been actively involved in gardening – both in the allotments and prayer garden. This has been a valuable learning opportunity and positive for children’s mental health. Next step: Develop a sensory garden with pupil support and engagement in planning and creation.</p> <p>Children have a good understanding of healthy food choices and physical health. This will be addressed in 2025-26 through our Healthy Communities Week.</p>
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Key indicator 2: The profile of PESSPA being raised across the school as a tool for whole school improvement			Percentage of sports premium:	
			32% (+ Sports Coach Deployment inc Key Indicator 3)	
Intent	Implementation	Impact		
Your school focus should be clear what you want the pupils to know and be able to do and about what they need to learn and to consolidate through practice:	Make sure your actions to achieve are linked to your intentions:	Funding allocated: £6 197		
<p>See above for focus on reducing obesity and promoting physical and mental health - particularly through daily mile</p> <p>Improve fitness and mental health of staff in order to improve teacher attendance, wellbeing and appreciation of physical wellbeing - resulting in improved outcomes for children</p> <p>Promote use of cycling rather than cars/public transport, ensuring pupils understand how to ride a bike safely.</p> <p>Pupils and families to enjoy taking part in physical activity together - the profile of community physical activity has a high profile across the school.</p> <p>Pupils' physical and mental health improves as a result of increased physical activity through gardening</p> <p>Pupils' mathematical and English learning encourages physical activity, raising engagement and</p>	<p>Also see above</p> <p>Relaunch the Healthy Bodies Team for 2024-25- require new staff leader</p> <p>Continue to purchase SAS access via insurance for access to physical, metal health support and access to weight watchers for staff</p> <p>Provide Cycling Proficiency sessions for new intake Y5/6</p> <p>Continue to run annual Healthy Community Week to promote increasing range of physical activity and link to benefits to mental health - with family fun run.</p> <p>Staff to encourage promote active learning opportunities across the curriculum</p> <p>Continue to work with St Paul's and</p>	<p>£1281</p> <p>Cost of SAS = £525</p> <p>Cost of Bikeability = £126</p> <p>£942</p> <p>Included in</p>	<p>Healthy Bodies Team met on 23/09/24 with Action Plan produced with a range of activities undertaken santa dash - 28/12/24 - whole school took part, fun run, running club, athletics club, staff promotion of couch potatoes to 5k and Healthy Community Week - beat the teacher penalties, fun run and danceathon in Spring 1 - Couch Potatoes has had a good uptake with positive feedback.</p> <p>SAS purchased and services promoted to staff</p> <p>Bikeability Assembly 08/10/24 and sessions for Y5 and Y6 12th - 14th November. Special Mayor award on 25/11/24 for participation over 5 consecutive years.</p> <p>Healthy Community Week: took place 19th May including danceathon, penalty school- out and very well attended family fun-runs</p>	<p>Healthy Bodies Team has been very active planning and promoting a range of activities to promote physical health of pupils and staff. Sept INSET will relaunch the team with new/current members.</p> <p>Staff have had access to SAS counselling and sign pointing to a wide range of additional mental health support. Governors have agreed to continue to finance SAS for new financial year.</p> <p>Next steps - launch a staff fitness club after school.</p> <p>Bikeability took place for Y5 and Y6 and we were presented with a special mayor's award for consistent and continuous engagement in the scheme. To continue 2025-26</p>

<p>attainment, whilst promoting healthier, happier and more confident children</p> <p>Pupils recognise the importance of PE and sport, learn appropriate skills and engage positively in competitive sports</p>	<p>MK Basketball Club and seek opportunities with additional external providers and our school staff to enrich provision during and after the school day</p> <p>Continue to provide annual girls' and boys' football festivals and promote greater participation from other schools.</p> <p>Run 2-day activity sessions for Y6 pupils to expose to wider range of sports - including water sports. Rock UK</p>	<p>sports coach deployment (KI 3)</p> <p>£3098 +Cost of medals for football festival £225</p> <p>Rock UK use of Pupil Premium for DPs</p>	<p>St Paul's coaches Spring 2 - Netball Y4</p> <p>St Bernadette's Football Festival</p> <p>Y5/6 Boys - 21st March - 6 schools attended - St Bernadette's won the trophy!</p> <p>Y3/4 Boys - 2nd May - 3rd place</p> <p>Y4-6 Girls - 16th May - 2nd place (by goal difference)</p> <p>Rock UK - 9 - 11th October - all children enjoyed the range of physical activity - high ropes, rock climbing, canoeing, archery, raft building</p>	<p>Healthy Communities Week was very successful, promoting a wide range of enjoyable physical activities for the whole school community - similar events to be planned for 2025-26</p> <p>3 very well attended and well-received and over-subscribed football festivals took place. Y5/6 boys won the trophy, 2nd place for Y4-6 girls and 3rd place for Y3/4 boys. Next step: we will relaunch the festivals for 2025/6 on different weekday to encourage greater adult attendance.</p>
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Key indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport				Percentage of sports premium:
				136.7%
Intent	Implementation		Impact	
<p>Your school focus should be clear</p> <p>what you want the pupils to know</p> <p>and be able to do and about what they need to learn and to consolidate through practice:</p>	<p>Make sure your actions to achieve are linked to your intentions:</p>	<p>Funding</p> <p>allocated: £26 592</p>	<p>Evidence of impact: what do pupils now know and what can they now do? What has changed?:</p> <p>Complete at review points during academic year 2024-25</p>	<p>Sustainability and suggested next steps:</p> <p>Complete at end of academic year 2024-25</p>
<p>Increased knowledge and skills of staff in delivering PE and games curriculum, resulting in improved pupil outcomes in lessons and competitions</p> <p>Improved quality of children's physical education across the school as a result of staff CDP from working with sports coach, MKSSP and St Paul's coaches</p> <p>Improved knowledge, skills and confidence of support staff in promoting physical activity and games at playtime. - Resulting in more pupils engaged in physical activity.</p> <p>Pupils' knowledge and skills in games increases due to the quality of teaching</p> <p>Share the school's approach to Sports Coach deployment to</p>	<p>Continue to employ sports coach to team teach and provide targeted support.</p> <p>Continue subscription for imoves to promote ad support dance teaching</p> <p>Continue to access training for staff through MKSSP</p> <p>Continue to team teach with St Paul's sports coaches</p> <p>Run training for KS2 sports leaders and Bully Busters and Sports Leaders.</p> <p>Carry out staff skills and knowledge audit to identify areas for CPD</p>	<p>£24,292</p> <p>Cost of imoves subscription £600</p> <p>MKSSP package costs £1700</p> <p>Detailed above</p>	<p>Sports Coach deployed delivering lessons with teacher/ modelling and developing staff skills and after school clubs</p> <p>Imoves purchased - promoted via Healthy Bodies Team and also weekly activity at afterschool care club</p> <p>Bought into package - gymnastic training to be promoted by Sports Coach. Teachers in training attended this training. Sports Coach attended SEND PE course and will commence weekly PE session for children with complex needs.</p> <p>Bully Buster training undertaken and launched.</p> <p>Staff audit carried out Aut 2. Next steps compiled. Main focus</p>	<p>Sports coach has been instrumental in planning and organising the wide range of competitive events across the year, delivering/team teaching lessons to support staff CPD. He has carried out surveys and staff skills audits and accessed addition CPD for staff where appropriate. He is also a key member of the Health Bodies Team.</p> <p>He is working with the Inclusion Manager to provide tailored PE for our children with most complex needs. He has worked on creating more sporting opportunities for girls during 2024-25 and the number attending girls football club has increased, higher ration of girls to boys at athletics club which was reflected in our medal results - 5 girls won gold medals at Stantonbury athletics finals. At</p>

enhance provision in other schools			development area is Outdoor and Adventure (OAA) - sports coach to model sessions for identified staff in summer term. Spring 2: Close working with Y1 teachers - upskilling in multi-skills (physical Literacy).	Catholic School's Sports Day 65% of our 1 st places were girls including all of the girls' relay events. Afterschool care club encourages physical activity through outdoor play and indoor dance.
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Key indicator 4: Broader experience of a range of sports and activities offered to all pupils

Percentage of sports premium:
All costs already accounted for within other sections of strategy

Intent	Implementation		Impact	
Your school focus should be clear what you want the pupils to know and be able to do and about what they need to learn and to consolidate through practice:	Make sure your actions to achieve are linked to your intentions:	Funding allocated: - all accounted for within costs of other Key Indicators	Evidence of impact: what do pupils now know and what can they now do? What has changed?: Complete at review points during academic year 2024-25	Sustainability and suggested next steps: Complete at end of academic year 2024-25
Extend variety of sports and physical activities available for pupils to increase their enjoyment, engagement and skill development	Continue to work with St Paul's and additional external providers and our school staff, with sport's coach to enrich provision during and after the school day Sign up to MKSSP to access additional sporting events 2-day event for Y6 - see above Gardening - see above Forest Schools - see above Dancing - see above	All costs for Key Indicator 4 are Included within Key indicators 1,2,3 and 5 within this strategy	See above	See above

Key indicator 5: Increased participation in competitive sport				Percentage of sports premium: 12.5% (+ Sports Coach Deployment inc Key Indicator 3)
Intent	Implementation		Impact	
Your school focus should be clear what you want the pupils to know and be able to do and about what they need to learn and to consolidate through practice:	Make sure your actions to achieve are linked to your intentions:	Funding allocated: £2 425	Evidence of impact: what do pupils now know and what can they now do? What has changed?: Complete at review points during academic year 2024-25	Sustainability and suggested next steps: Complete at end of academic year 2024-25
<u>Costs of taxi hire/coaches to allow pupils to attend the variety of competitive events across the year</u> Increased pupil motivation Enhance a positive attitude and engagement in and towards competition Raise the profile of PE and competitions across the School Provide KS2 children with the opportunity to participate in challenging competitions in athletics at a venue with appropriate facilities Increase our links and partnerships with other schools and local venues Increase pupil participation in	Continue to sign up to Boys' and Girls' Football Leagues Take part in Catholic Sports' Day and Stantonbury Athletics competitions Re-launch the St B's Football Festival - for boys and girls Take part in all of the competitive events run by St Paul's Run family fun run and sports days at school - involving parents and pupils	Cost of 1 minibus hire per 2 weeks and 5 coaches across year (local MK journeys) £2425 Costed above Costed above Costed above	Autumn Term Y5/6 Football League: Finished 6th in league and qualified for the plate final night where we finished second and received medals. Spring 1 - Y3/4 Boys Football League: Finished 7/10 overall in the league and came 4th on finals night, losing on penalties. Spring 2 - Girls' league - 4th in the league See above Y3/4 Boys' Football Tournament: 2nd Place Y3/4 Netball - 1st Place Y5/6 Netball (Y6 at residential) 1st Place KS2 Cross Country - 2nd Place with many individual first and second places	We have taken part in a wide range of sporting events and competitions. We have won many of them, including Y3/4 netball, Y6/6 Netball, Y3/4 basketball, Y3/4 badminton, The Y5/6 Football Festivals, A Girls' friendly football match and the Catholic Schools Sportsday Shield. Having won this for the 7 th occasion since its inauguration 2005, we have won more than any other school involved. We also won the most medals we have ever won - 13 medals. We will continue to provide these opportunities for our children with the intention of building on our successes,

competitive sport in all year groups			<p>Y3/4 basketball - 1st place Y3/4 badminton first place Y5/6 boys handball - 3rd place out of 9 Girls friendly football match - won 6-1 Stantonbury - 13 medal winners - our highest achievement ever (5 golds, 4 silver and 4 bronze medals) Catholic Schools Sports Day - we won! (winning 8/18 field events, 9/12 tug of war events, with 1st and/or 2nd place in 32/44 track events, winning 16)</p>	
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Signed off by	
Head Teacher: J Zamora	
Date:	08/07/2025 reviewed half termly with final review 08/07/2025
Sports Coach: Matt Marchant	Matt Marchant
Date:	08/07/2025
Governor: A Upton	A Upton
Date:	14/07/2025