

St Bernadette's Primary PE and Sport Premium Strategy

Academic Year 2025-26

Key achievements from academic year 2024-25 - The school spent its full allocation of sports premium

- Train pupil Sports Leaders to support sporting events for younger pupils
- Pupil leaders to launch dancing opportunities for pupils at lunchtime
- Further promote the Milton Mile to ensure consistency of participation across all year groups
- Work with Fit4Kids to provide workshops and promote health, wellbeing and fitness
- Re-launch Bully Busters via application. Learning Mentor to train, support and monitor their work on playground
- Look into introducing some 'B Team' competitive events
- Launch Forest School for new Y3 intake
- Promote gardening across the school - allocate beds to each year group.
- Provide free access to physical, mental health support and access to weight watchers for staff
- Provide Cycling Proficiency sessions for new intake Y5/6
- Continue to run annual Healthy Community Week with a whole-school and family fun run
- Continue to work with St Paul's and MK Basketball Club and seek opportunities with additional external providers to develop staff skills and enrich provision during and after the school day
- Continue to provide annual girls' and boys' football festivals
- Run 2-day activity sessions for Y6 pupils to expose to wider range of sports - including water sports. Rock UK
- Develop staff skills in teaching Sport & PE via MKSSP training
- Continue to take part in Boys' and Girls' Football Leagues
- Take part in all of the competitive events run by St Paul's, Catholic Sports' Day and Stantonbury Athletics competitions
- Run sports days at school - involving parents and pupils
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Areas identified for further improvement and baseline evidence of need: (for 2025-26)

The ongoing need is to promote physical and mental wellbeing, reduce obesity. We experienced great sporting and competitive successes in 2024-25 and wish to continue with similar approach for 2026

- Train pupil Sports Leaders to support sporting events for younger pupils
- Increase access to physical activity at wraparound care provision
- Pupil leaders to launch dancing opportunities for pupils at lunchtime
- Further promote the Milton Mile to ensure consistency of participation across all year groups
- Promote increased involvement of girls in sports and competitions
- Re-launch Bully Busters via application. Learning Mentor to train, support and monitor their work on playground
- Look into introducing some 'B Team' competitive events
- Launch Forest School for new Y3 intake
- Promote gardening across the school
- Create a new sensory garden with pupil leadership involvement in creation and maintenance.
- Provide Cycling Proficiency sessions for new intake Y5/6
- Continue to run annual Healthy Community Week with a whole-school danceathon and family fun run
- Sports coach to offer fitness sessions for staff
- Continue to work with St Paul's and other additional external providers to develop staff skills and enrich provision during and after the school day
- Continue to provide annual girls' and boys' football festivals
- Run 2-day activity sessions for Y6 pupils to expose to wider range of sports - including water sports. Rock UK
- Develop staff skills in teaching Sport & PE via MKSSP training
- Involve children in greater number of sporting competitions run by MKSSP
- Continue to take part in Boys' and Girls' Football Leagues
- Take part in all of the competitive events run by St Paul's, Catholic Sports' Day and Stantonbury Athletics competitions
- Run sports days at school - involving parents and pupils
- Investigate the opportunity to develop greater links with MKDons - especially relating to girls football

Details with regard to funding

Please complete the table below.

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| Total amount carried over from 2024/25 | £0 |
| Total amount allocated for 2025/26 (16K + £10/pupil Y1-6 in Jan 25 census) | £19,540 |
| Total amount of funding for 2025/26. To be spent and reported on by 31st July 2025. (Allocated Sports Premium PLUS allocated expenditure from school budget) | £42, 609 made up of £19,450 Sports Premium and £23 069 from the school's budget) |

Swimming Data

Please report on your Swimming Data below.

| Meeting national curriculum requirements for swimming and water safety | Percentage of pupils: |
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| What percentage of your current Year 6 cohort swim competently, confidently and proficiently over a distance of at least 25 metres? | 45% |
| What percentage of your current Year 6 cohort use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]? | 56% |
| What percentage of your current Year 6 cohort perform safe self-rescue in different water-based situations? | 88% |
| Schools can choose to use the Primary PE and sport premium to provide additional provision for swimming but this must be for activity over and above the national curriculum requirements. Have you used it in this way? | No |

Action Plan and Budget Tracking

Capture your intended annual spend against the 5 key indicators. Clarify the success criteria and evidence of impact that you intend to measure to evaluate for pupils today and for the future.

| Academic Year: 2025/26 | Total fund allocated: £42, 609 made up of £19,450 Sports Premium and £23 069 from the school's budget) | Date: July 2025 and updated half-termly thereafter | | |
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| Key indicator 1: The engagement of <u>all</u> pupils in regular physical activity – Chief Medical Officers guidelines recommend that primary school pupils undertake at least 30 minutes of physical activity a day in school | | | | Percentage of sports premium: 27% |
| Intent | Implementation | | Impact | |
| Your school focus should be clear what you want the pupils to know and be able to do and about what they need to learn and to consolidate through practice: | Make sure your actions to achieve are linked to your intentions: | Funding allocated: £11 459 | Evidence of impact: what do pupils now know and what can they now do? What has changed?: Complete at review points during academic year 2025-26 | Sustainability and suggested next steps: Complete at end of academic year 2025-26 |
| Pupils' ongoing cardiovascular fitness and endurance to improve and obesity measures Playtimes to be opportunities for pupils to develop their knowledge and skills in a wide range of games and physical activity | Further promote the Milton mile to ensure consistency of participation across all year groups Continue to carry out baseline assessment and analyse improvements in fitness/stamina through year. Re-launch Bully Busters via application. Learning Mentor to train, support and monitor their work on playground | Included in cost of Sports Coach (see KI 3) £2 856 | Milton Mile promoted with staff in Healthy Body Staff meeting 06.10.25 Baseline to be carried out after Oct half term. - completed Applications received Aut 1 – new team to be launched after Oct half term. Following SIP advice – rebranded name 'Playtime Pals' – children allocated roles and | |

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| <p>Children to learn outdoor forest schools skills delivered by a trained leader. Children to have an appreciation and wide experience of outdoor activity within nature</p> <p>Pupil Playtime and Sports Leaders will develop their leadership skills in addition to developing their own skills and those of other pupils in the activities they are leading</p> <p>Pupils' physical and mental health promoted through gardening with appreciation of healthy eating and concept to 'seed - to - plate'</p> | <p>Launch Forest School for new Y3 intake</p> <p>Train pupil Sports Leaders to support sporting events for younger pupils. Support pupil leaders in promoting dancing opportunities for pupils at lunchtime % lead games at lunch and playtime</p> <p>Organise increased opportunities for gardening across the school.</p> <p>Involve the children in designing and developing a new sensory garden</p> | <p>£338</p> <p>£573 + £6 691 (23%)</p> <p>£1000</p> | <p>awaiting new hi viz jackets.</p> <p>Parent communications and info session took place Aut 1, sessions start after Oct half term. Up and running</p> | |
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| Key indicator 2: The profile of PESSPA being raised across the school as a tool for whole school improvement | | | Percentage of sports premium: |
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| | | | 15% |
| Intent | Implementation | | Impact |
| Your school focus should be clear what you want the pupils to know and be able to do and about what they need to learn and to consolidate through practice: | Make sure your actions to achieve are linked to your intentions: | Funding allocated: £6361 | |
| <p>See above for focus on reducing obesity and promoting physical and mental health - particularly through daily mile</p> <p>Improve fitness and mental health of staff in order to improve teacher attendance, wellbeing and appreciation of physical wellbeing - resulting in improved outcomes for children</p> <p>Promote use of cycling rather than cars/public transport, ensuring pupils understand how to ride a bike safely.</p> <p>Pupils and families to enjoy taking part in physical activity together - the profile of community physical activity has a high profile across the school.</p> <p>Pupils' physical and mental health improves as a result of increased physical activity through gardening</p> <p>Pupils' mathematical and English learning encourages physical activity, raising engagement and attainment, whilst promoting</p> | <p>Also see above</p> <p>Relaunch the Healthy Bodies Team for 2025-26- require new staff leader</p> <p>Continue to purchase SAS access via insurance for access to physical, mental health support and access to weight watchers for staff</p> <p>Provide Cycling Proficiency sessions for new intake Y5/6</p> <p>Continue to run annual Healthy Community Week to promote increasing range of physical activity and link to benefits to mental health - with family fun run.</p> <p>Staff to encourage promote active learning opportunities across the curriculum</p> <p>Continue to work with St Paul's and and seek opportunities with</p> | <p>Funding allocated: £6361</p> <p>£611</p> <p>£1497 (10% of Insurance - not using sports premium)</p> <p>Cost of Bikeability = £126</p> <p>£2 026.41</p> <p>Included in sports coach deployment (KI 3)</p> | <p>New team launched and meeting 1 undertaken with clear action plan in place for 2025-26: Santa Dash, Healthy Community Week, Fun Run, Running Club, Beat the Teacher (goals) Danceathon, gardening, Possible climbing opportunity for DPs.</p> <p>SAS available.</p> <p>Bikeability planned for Nov - Y5 and Y6</p> <p>Planned - w/c 19/05/2026</p> <p>Netball planned for Spring 2 with Y4 After school dance club with MOTUS weekly. Sports for All</p> |



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| <p>healthier, happier and more confident children</p> <p>Pupils recognise the importance of PE and sport, learn appropriate skills and engage positively in competitive sports</p> | <p>additional external providers and our school staff to enrich provision during and after the school day</p> <p>Provide annual girls' and boys' football festivals and promote greater participation from other schools.</p> <p>Run 2-day activity sessions for Y6 pupils to expose to wider range of sports - including water sports. Rock UK</p> | <p>£1040</p> <p>£1223 +Cost of medals for football festival £225</p> <p>Rock UK premium for DPs £1, 110</p> | <p>booked to deliver 2 x weekly clubs starting January 2026. Tuesdays: KS1 multi-sports, Thursdays: Basketball Y5/6.</p> <p>Gymnast visiting school 13/02/26 coming to do fitness circuit with each class and a motivational assembly.</p> <p>Y5/6 boys - 24/03/2026 Y3/4 boys - 05/05/2026 KS2 girls - 19/05/2026</p> <p>29th Sept - 1st Oct. Very successful - the children engaged well in all the activities - kayaking, high ropes, archery, raft-building</p> | |
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| Key indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport | | | Percentage of sports premium: |
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| | | | 49% |
| Intent | Implementation | | Impact |
| <p>Your school focus should be clear</p> <p>what you want the pupils to know</p> <p>and be able to do and about what they need to learn and to consolidate through practice:</p> | <p>Make sure your actions to achieve are linked to your intentions:</p> | <p>Funding allocated: £20 714</p> | <p>Evidence of impact: what do pupils now know and what can they now do? What has changed?:</p> <p>Complete at review points during academic year 2025-26</p> <p>Sustainability and suggested next steps:</p> <p>Complete at end of academic year 2025-26</p> |
| <p>Increased knowledge and skills of staff in delivering PE and games curriculum, resulting in improved pupil outcomes in lessons and competitions</p> <p>Improved quality of children's physical education across the school as a result of staff CDP from working with sports coach, MKSSP and St Paul's coaches</p> <p>Improved knowledge, skills and confidence of support staff in promoting physical activity and games at playtime. - Resulting in more pupils engaged in physical activity.</p> <p>Pupils' knowledge and skills in games increases due to the quality of teaching</p> <p>Develop staff fitness levels and enhance their teaching skills</p> | <p>Employ sports coach to team teach and provide targeted support.</p> <p>Continue subscription for imoves to promote and support dance teaching</p> <p>Continue to access training for staff through MKSSP</p> <p>Continue to team teach with St Paul's sports coaches</p> <p>Run training for KS2 sports leaders and Bully Busters and Sports Leaders.</p> <p>Carry out staff skills and knowledge audit to identify areas for CPD</p> <p>Provide fitness sessions for staff</p> | <p>£18 329 (%63)</p> <p>Cost of imoves subscription £600</p> <p>MKSSP package costs £1785</p> <p>Detailed above</p> <p>Cost included above</p> | <p>Sports coach deployed to team teach</p> <p>Used for dance lessons</p> <p>Spring 2 netball with St Paul's</p> <p>Bully Busters 'Playtime Pals' allocated and trained.</p> <p>Nov - skills audit identified majority are most confident teaching gym and dance (this was sports coach focus for 2024-25) and majority have good understanding of assessment in PE. Main areas for development: KS2 athletics and</p> |

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| | <p>Run additional afterschool football clubs for pupils who are not on the school's competitive football teams</p> <p>Enhance wraparound Care provision to include greater physical activities</p> | | <p>additional B-team fixtures in spring term.</p> <p>New managers in place. Dance sessions in place - children take part enthusiastically.</p> | |
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| Key indicator 5: Increased participation in competitive sport | | | | Percentage of sports premium: 9.6% - with other costs linked to other KIs |
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| Intent | Implementation | | Impact | |
| <p>Your school focus should be clear</p> <p>what you want the pupils to know</p> <p>and be able to do and about what they need to learn and to consolidate through practice:</p> | <p>Make sure your actions to achieve are linked to your intentions:</p> | <p>Funding allocated: £4 075</p> | <p>Evidence of impact: what do pupils now know and what can they now do? What has changed?:</p> <p>Complete at review points during academic year 2025-26</p> | <p>Sustainability and suggested next steps:</p> <p>Complete at end of academic year 2025-26</p> |
| <p><u>Costs of taxi hire/coaches to allow pupils to attend the variety of competitive events across the year</u></p> <p>Increased pupil motivation</p> <p>Enhance a positive attitude and engagement in and towards competition</p> <p>Raise the profile of PE and competitions across the School</p> <p>Provide KS2 children with the opportunity to participate in challenging competitions in athletics at a venue with appropriate facilities</p> <p>Increase our links and partnerships with other schools and local venues</p> <p>Increase pupil participation in</p> | <p>Sign up to Boys' and Girls' Football Leagues</p> <p>Take part in Catholic Sports' Day and Stantonbury Athletics competitions</p> <p>Re-launch the St B's Football Festival - for boys and girls</p> <p>Take part in all of the competitive events run by St Paul's</p> <p>Run family fun run and sports days at school - involving parents and pupils</p> | <p>Cost of 1 minibus hire per 2 weeks and 5 coaches across year (local MK journeys)</p> <p>Afterschool clubs for competition prep and skills development</p> <p>£4075 (14%)</p> <p>Costed above</p> | <p>See above</p> <p>See above</p> <p>Friendly fixtures with Monkston Primary Aut 2 Girls on 5/11/25 won 2-0</p> <p>Y3/4 boys 12/11/25 - won 6-3</p> <p>•Y3/4 Boys' Football Tournament: 2nd Place (missing 1st place by goal difference)</p> <p>•Y5/6 Boys' Football Tournament: 1st Place</p> <p>•Y6 Netball Tournament: 1st Place</p> <p>Y5/6 Boys' football league: a number of tough and challenging matches. Finals night 23/10/25</p> <p>Y4-6 cross country - 1st place</p> | |

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| competitive sport in all year groups | | | | |
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| Signed off by | |
| Head Teacher: J Zamora |  |
| Date: 22/09/2025 | |
| Sports Coach: Matt Marchant | Matt Marchant |
| Date: | |
| Chair of Governors: Dr S Lanzon- Miller |  |
| Date: 22/09/2025 | |